

# FALSE BAY YACHT CLUB, SIMON'S TOWN INVITES YOU:

To learn the basics of sailing in two days!

Join our intro-to-sailing course for only  
R 160.00

The “**Intro to sailing**” programme is for children from the age of 8. The next courses will run on the **18 to 19 September 9 am to 12** or **18 to 19 September 1pm to 4pm** (morning classes or afternoon classes)

What will be covered during the course to get the students sailing?

This course is aimed at getting your child on the water to see if he or she would like to continue on to other sail training courses.



Our instructors will take your child out on one of the club dinghies in sheltered waters in Simon's Bay and teach some elementary aspects of sailing. This will include the basic knots and parts of the boat. After the course, your child will have had a great basic introduction to sailing.

Don't delay and contact Linsay to book your child today on 021 786 1703 Ext 5 or email her on [sailtraining@fbyc.co.za](mailto:sailtraining@fbyc.co.za) as courses fill up fast.