

FALSE BAY YACHT CLUB

SAILING INSTRUCTIONS

1st November 2009

1. RULES

- 1.1. Races will be governed by, the International Sailing Federation, Racing Rules of Sailing 2009 – 2012 when appropriate (RRS), The Equipment Rules of Sailing 2009 – 2012 when appropriate (ERS), The Merchant Shipping (National Small Vessels Safety) Regulations 2007 (as amended) – Category C and D where appropriate for racing in and around False Bay and surrounds, the Class Rules of participating classes or any specific Notice of Race issued for a particular Event, the Sailing Programme as issued, which may be amended from time to time, and these Sailing Instructions and any amendments thereof as posted on the Notice Board. In the event of contradictions, the interpretations of the Protest Committee shall be final and binding upon all participants
- 1.2. Changes to the Rules: RRS:
 - 1.2.1. Race Signals: by SI 5. (Change of Course)
 - 1.2.2. RRS 35 by SI 10. (Time Limits)
 - 1.2.3. RRS 61.3 by SI 12 (Protests and Request for Redress)
 - 1.2.4. RRS A2 by SI 11 (Scoring)

2. NOTICES TO COMPETITORS

- 2.1. Notices to competitors will be posted on the official notice board located in the FBYC foyer.

3. CHANGES TO SAILING INSTRUCTIONS

- 3.1. Any change of Sailing Instructions will be posted not later than 90mins before the scheduled start of the race applicable.

4. SCHEDULE OF RACES

- 4.1. The schedule of Races is set out in the Sailing Programme. Specific Events, for which separate Notice of Race and/or Sailing Instructions have been issued, may have different starting times.

5. SHORTENING COURSE (Change of Course)

- 5.1. In addition to the methods of shortening course in the RRS, a race may be shortened by the hoisting of an "S" over "C" flags, accompanied by repeated sound signals aboard a boat stationed near a rounding mark of the course. In that event boats shall round the mark and proceed directly to the published finish line, finishing in the direction of the course from the last mark rounded.
- 5.2. Races may also be shortened by an announcement from Dolphyn Bridge on VHF channel 71.
 - 5.2.1. In the event of a Shortening course broadcast by Dolphyn Bridge, competitors shall acknowledge receipt of the message ASAP
 - 5.2.2. A competitor that fails to acknowledge the shortening course broadcast shall have no right of redress

6. THE COURSES

- 6.1. The course to be sailed shall be published not less than 60mins before the scheduled start, on the Notice Board or on a Course Card and/or announced on VHF Channel 71 up to the warning signal of that race.

7. START

- 7.1. The starting line will be as indicated on the published course card or as per SI 6.1 above
- 7.2. Races will be started by using RRS Rule 26, but when starts are controlled from Dolphyn Bridge only sound signals shall be used.
 - 7.2.1. Start from Dolphyn Bridge: A line between the FBYC Flag Pole and the No 3 Channel Buoy.
 - 7.2.2. Committee Boat Start: A line between the flagstaff/mast displaying a FBYC Burgee, and a nearby permanent mark, inflatable mark, or small buoy.
- 7.3. Any yachts starting later than 5 minutes after her starting signal may be scored Did Not Start (DNS)
- 7.4. Boats whose warning signal has not been made, shall keep clear of the starting area.

8. FINISH

- 8.1. The finish line shall be as per the published course for that race.
- 8.2. If the finish line is between Dolphyn Bridge and the No 3 Channel Buoy, competitors are to notify Dolphyn Bridge on VHF Channel 71 on approaching the finish line.
- 8.3. Competitors failing to notify the bridge as in 8.2 above will have no cause for redress if they are not recorded as finishing.

9. PENALTY SYSTEM

- 9.1. Rule 44.1 and 44.2 is changed to substitute: one 360° turn, including one tack and one gybe, instead of two turns.

10. TIME LIMITS

- 10.1. Boats shall finish within the time limit, failing which they will be scored DNF.
- 10.2. The time limit unless specified, is 0.4 x E, after the finish of the leading boat of each start, where E is the elapsed time of the first boat to finish or at the Race officers discretion.
- 10.3. If in the opinion of the Race Officer the leading yacht in any race has not maintained or is not likely to attain an average speed of 2 knots, the race may be abandoned.
- 10.4. The Race Officer may abandon races due to bridge staff time constraints as per the following guidelines:
 - 10.4.1. In the Twilight Series if the 1st yacht has not finished by 19h30
 - 10.4.2. In the Saturday RTC series if the 1st yacht has not finished by 17h30
 - 10.4.3. In the Sunday Series if the 1st yacht has not finished by 16h30

11. SCORING

- 11.1. There must be a minimum of 3 boats having started a race for the race to be scored.
- 11.2. The Low Point scoring system of RRS Appendix A4 will apply.
- 11.3. In the Series races discards, pre-declared absence average points etc. are as per the individual series as published on the FBYC Sailing Calendar.

12. PROTESTS AND REQUESTS FOR REDRESS

- 12.1. Protests shall be submitted on the official FBYC protest form available from Dolphyn Bridge.
- 12.2. The protest time limit, is 60 minutes after the last boat of each class, has finished the last race of the day.
- 12.3. Notices of protests will be conveyed, or posted by the race committee, to inform boats under rule 61.1 (b).

13. SAFETY REGULATIONS

- 13.1. Vessels entering or leaving the SA Navy harbour have absolute right of way. Competitors adversely affected may apply for redress from the Race officer.
- 13.2. A boat that retires from a race shall notify Dolphyn Bridge as soon as possible on VHF Channel 71
- 13.3. Between the hours of sunset and sunrise, the rules of Part 2 of the RRS will cease to govern, and the International Regulations for the Prevention of Collision at Sea will apply.
- 13.4. The Race officer may not start a race if the wind is averaging over 25knots.
- 13.5. Double Handed Races: Only two people shall be on board during the race. Radar, GPS, spinnakers and self-steering gear may be used.
- 13.6. Single Handed Races: Two people must be on board during the race, the second person may not assist in any way (other than sitting out), and a boat shall retire if the second person in any way contravenes this rule. Radar, GPS, spinnakers and self-steering gear may be used.

14. SPECIAL INSTRUCTIONS

- 14.1. The following special instructions shall apply:
 - 14.1.1. Competitors are required to complete the entry form in full for their entry to be accepted.
 - 14.1.2. In a non-spinnaker race on a downwind leg only one foresail may be set at a time.
 - 14.1.3. Spinnakers are not generally allowed to be used on Wednesday Twilight Races, however special dispensation may be given to Sport Boats and L 26s with a handicap adjustment.

15. DISCLAIMER OF LIABILITY AND INDEMNITY

- 15.1. Competitors participate in the races entirely at their own risk. See RRS Rule 4, Decision to Race.
- 15.2. False Bay Yacht Club, the Sailing Committee, the Race Officer, or any other person involved in organising the race or event will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the racing.
- 15.3. The FBYC Club Indemnity form shall be completed and kept on file in Dolphyn Bridge. Failure to lodge the said form will result in a competitor not being scored until having so done. Additional Indemnities may be required for specific events.

16. LIABILITY INSURANCE

- 16.1. Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of R2,000,000.00. The Dolphyn Bridge office may require of copy of the documentation.